

Guardian Angels Health & Rehabilitation Center  
*Social Accountability Statement 2013*

Guardian Angels is located in Northern Minnesota in the community of Hibbing, a town of 17,071 people. Known for its Iron mining history, Hibbing is the home of the Greyhound bus industry and Bob Dylan. There are numerous winter and summertime recreation activities available in Hibbing, such as hiking, golfing and fishing in the old mine pits, or “pit lakes.”

*Our Mission:* We are committed to express *Christ's* message of love and hope by providing for health, residential, community, and allied services in a holistic, competent, and caring manner that recognizes the value and dignity in every human life.

St. Francis Health Services controls and operates Guardian Angels Health and Rehabilitation Center and is sponsored by the Catholic Diocese of St. Cloud. We are dedicated to promoting the Ethical and Religious Directive for Catholic Health Care services.

<i>Core Values:</i>	
<i>Integrity:</i>	We faithfully adhere to high principles and professional standards.
<i>Commitment:</i>	We dedicate ourselves to those we serve.
<i>Respect:</i>	We value and treat each individual with compassion and dignity.
<i>Excellence:</i>	We have the passion to do our best.
<i>Service:</i>	We deliver what has not been done, before it is expected.
<i>Stewardship:</i>	We wisely employ the talents, resources, and relationships entrusted to us.

Guardian Angels believes in a resident centered, hospitality care model. Our focus and commitment is to continue to serve the health care demands and lifestyles of today's older adults with compassion and excellence.

**Providing Quality Care and Services for Older Adults**

In an average year, Guardian Angels cares for approximately 280 residents. Often the percentage of residents from Hibbing and the surrounding communities is greater than 98%.

Guardian Angels offers services in:

24 Hour Skilled Nursing Care  
Postoperative Transitional Care/Sub acute Care  
Physical, Occupational & Speech Therapy (Inpatient & Outpatient)  
Pain Management  
IV Therapy  
Wound Therapy  
Diabetic Teaching  
Nutritional Education  
Spiritual Care

Guardian Angels is a clinical site for both Mesabi Range Community College's LPN Program and Hibbing Community College's RN program.

Guardian Angels offers many social opportunities. Activities include therapeutic value to specific resident needs both in physical activity groups and cognitive activity groups:

Lift to Function • Pokeno  
Remember to Function • Bingo  
Balloon Volleyball • Mind Jogging  
Ladder Golf • Unit Groups  
Bowling • Trivia  
WII Entertainment System • Just Baking  
Men's Group • Craft/Art  
Beauty Care • Movie Night  
Happy Hour • Lawrence Welk Night  
Music Night • Sensory Moments

Informal groups can be conducted through Activity Centers on each unit. Music and television with DVD players are used daily. Guardian Angels maintains social areas for visiting, reading and just relaxing. There are also monthly events including resident birthday parties, various outings and seasonal events.

### Recognizing Spiritual Needs and Individuality

Guardian Angels is a spiritual care community. Spiritual care is an integral part of holistic resident care. Guardian Angels has an active Spiritual Care Committee with a Spiritual Care Director on staff to insure that we fulfill our Catholic and spiritual mission. With our sponsorship, we agree to uphold the Ethical and Religious Directives for Catholic Health Care. Worship and bible study are provided. Services for all denominations are held in our newly constructed chapel named "All Saints Chapel".

### Providing Access to Educational Opportunities

Education is a high priority in health care and for Guardian Angels. Providing opportunities to further education and learn new information and skills is essential to providing quality, comprehensive, and holistic resident care.

Guardian Angels awards scholarship monies to assist staff in furthering their education. In past years, scholarships have been given for those obtaining Licensed Practical Nursing and Registered Nursing degrees and Dietary Manager Certification.

Staff is encouraged to apply to attend the St. Francis Health Services World Class Leadership Academy.

Guardian Angels provides yearly education on the following topics:

- Abuse Prevention
- Alzheimer's/Dementia Care
- Objectionable Behavior/Affirmative Action
- Resident Rights and Customer Relations
- Core Values
- Corporate Compliance
- HIPPA
- Infection Control
- Body Mechanics/Ergonomics
- Right to Understand

Guardian Angels acts as an education site for clinical and internship programs through the Hibbing Community College and through Northeast Minnesota Area Health Education Center.

### Helping Community Members in Need

AEOA Over 55 Program  
Summer Health Care Intern Program  
Challenge Incarceration Program  
Food Shelf Food Drive  
Occupational Development Center, Inc.

### Serving as Active Community Members

Matter of Balance Falls Training  
Community Healthcare Area Leader's Meeting  
VFW  
Lion's Club  
Moose Club  
Hibbing Healthy Lifestyles Coalition  
HealthForce Minnesota Regional Incentive Grant Partner  
HCC Gerontology Program Ad Hoc Advisory Committee  
Caregivers Support Group

## Volunteerism

We currently have over 80 individuals and groups on our roster that enrich the programs and services provided to our residents, including support of our faith community.

Weekly Worship Services · Pastoral Care and Grief Support · Catholic Communion · Spiritual Enrichment Groups · Gospel Singers · Memorial Services · Range Youth In Action · National Honor Society · Assumption School · Women's Bible Study · Salvation Army Holiday Gift Program, Befrienders

There are currently five monthly music events done on a volunteer basis by various individuals or groups, with others on an as needed basis for special events, holidays or informal events.

## Promoting Economic Development

Guardian Angels purchases products from local businesses spending approximately \$240,300 each year. Guardian Angels routinely purchases from:

A-1 Refrigeration · Northern Business Products · SIM Supply Inc. · Hart Electric Inc. Wally's Drain · Arrowhead Transit Inc. · Hibbing Chamber of Commerce  
Anderson Furniture · Excel Business Systems · Erickson Lumber  
C&J Interiors · Hibbing Park Hotel · Fraboni's · Range Cornice & Heating  
L&M Supply Inc. · Hibbing Daily Tribune · Paolo Oil Company · Iron Range Carpet Lowe's ·  
Hibbing Public Utilities · Walmart · Sullivan Candy and Supply

There are 140 employees working for Guardian Angels. Most of these employees are from the Hibbing, Nashwauk and Chisholm areas.

Each year Guardian Angels pays approximately \$ 3,420,000 in wages and benefits to staff members who work for our organization.

### For More Information

#### Facility Information

Guardian Angels Health and Rehabilitation Center 1500 East Third Avenue Hibbing, MN 55746 Phone: (218) 231-8100 Fax: (218) 231-8266 Web Site: <http://www.guardianangels.sfhs.org/>

#### Administrator and Director of Nursing

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Admissions Information

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